

Performances as at 21st Match 2025

Amber Valley & Erewash A.C. Club Track and Field Records

Age Group	Event	Performance	Name	Date	
11 Boys	75m	11.0	William Collings Fran Higton	2011 2013	
	80m	11.7	Rory Chambers	2005	
	150m	22.00	George Reynolds	2016	
	600m	1.48.1	Fran Higton	2013	
	800m	2.40.73	Fran Higton	2013	
	LJ	4.09m	George Reynolds	2016	
	HJ	1.34m	Ben Michell	2009	
	Howler Jav	45.72m	Bobby Oldham	2016	
	4x100m	60.24	B Oldham, J Rush, N Skinner, G Reynolds	2016	
	Quadkids	276 pts	Bobby Oldham	2016	
	U11 Girls	75m	10.9	Isabella Clarke	2013
		80m	12.0	Emily Buckley Emily Coope	2001 2010
		150m	22.3	Megan Bruce Emily Coope	2008 2010
600m		1.52.2	Jessica Turner	2005	
800m		2.39.0	Niamh Emerson	2009	
LJ		4.08m	Summer Biggs	2023	
HJ		1.23m	Isabella Clark	2013	
Howler Jav		34.10m	Molly Upton	2019	
4x100m		61.3	T McGraw, E Coope, M Knighton, C Brown	2010	
Quadkids		266 pts	Summer Biggs	2023	
U13 Boys		100m	12.49	Joe Moss	2023
		200m	26.4	Michael Bosworth	2006
		75mH	11.8	Jethro McGraw	2010
	800m	2.10.7	Jethro McGraw	2010	
	1500m	4.41.1	Jethro McGraw	2010	
	60m i	8.70	Joe Moss	2023	
	HJ	1.53m	Omar Aikman Joe Moss	2012 2023	
	LJ	5.16m	Joe Moss	2023	
	Jav	37.79m	Joe Moss	2023	
	Shot 3.25k 3k	10.81m 10.28m	Tom Bridge Joe Moss	2007 2023	
	Discus	24.27m	Joe Moss	2023	
	Pentathlon	1423pts	Scott Ram	2012	
	4x100m	52.2	W Dennis, B Wilkinson, M Bosworth, C Waterhouse	2006	
U13 Girls	60m i	8.63	Emily Coope	2011	
	75m	10.35	Emily Coope	2012	
	80m	11.0	Emily Coope	2012	
	100m	13.2	Emily Coope	2012	
	150m	20.44 20.4	Emily Coope Ella Rush	2012 2016	
	200m	27.38	Madeleine Tatham	2017	
	70mH	11.7	Emily Bush Cecilia Smyth	2014 2018	
	800m	2.25.4	Tamsin McGraw	2012	
	1200m	3.58.0	Tamara Armoush	2004	
	1500m	5.04.4	Tamara Armoush	2004	
	HJ	1.53m	Imogen Laugharne	2019	
	LJ	5.05m	Ella Rush	2016	
	Jav	29.13m	Freya Kirby	2021	
Shot	9.99m	Summer Biggs	2025		
Discus	28.67m	Cara Brown	2012		

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	Hammer	30.68m	Cara Brown	2012
	Pentathlon	2430 pts	Ella Rush	2016
	4x100m	55.55	S Grant, C Yates, M Gordon, E Rush	2016
U15 Boys	100m	11.4	Ryan Newton	2008
	200m	23.9	William Pullan	2017
	80mH	12.0	Michael Feeney	2006
	60mH	9.08 i	Joe Moss	2025
	60m	7.28 i	Joe Moss	2025
	300m	37.92	William Pullan	2017
	400m	52.05	Zach Hooper	2007
	800m	1.58.55	Jethro McGraw	2012
	1500m	4.12.0	Jethro McGraw	2012
	3000m	10.10.30	Josh Rae	2009
	HJ	1.75m	Adam Berwick	2015
	LJ	6.02m	Hugo Thomas	2021
	TJ	11.70m	Christopher Turner	2018
	PV	2.20m	Michael Bosworth	2008
	Jav	46.53m	Tom Bridge	2009
	Shot	14.42m	Tom Bridge	2009
	Discus	42.95m	Tom Bridge	2009
	Hammer	35.11m	Kasey Pearson	2012
	Pent	2890 pts	Jethro McGraw	2012
	4x100m	49.2	N Hunt, F Chell, C Turner, G Wilkinson	2018
	4 x 300m	2.56.6	D. Collings, Joel McGraw, A Protheroe, G Wilkinson	2018
U15 Girls	100m	12.49	Emily Coope	2014
	200m	25.78	Emily Coope	2014
	300m	41.37i	Ella Rush	2018
	60m	8.03i	Emily Coope	2013
	60mH	9.34i	Emma Komocki	2006
	75mH	11.47	Emma Komocki	2006
	800m	2.10.65	Alexandra Turner	2006
	1500m	4.40.17	Tamara Armoush	2006
	3K	10.30.1	Tamara Armoush	2006
	HJ	1.65m	Ella Rush	2018
	LJ	5.69m	Ella Rush	2018
	TJ	11.22m	Charlie Yates	2018
	PV	2.60m	Gabby Wilson	2018
	Jav 600g	28.90m	Maisie Knighton	2013
As from 2014	Jav 500g	37.73m	Freya Kirby	2023
	Shot 3.25kg	11.30m i	Abby Wood	2004
	3.25kg	10.99m	Abby Wood	2004
As from 2014	Shot 3kg	12.58m	Lily Naylor	2016
	Discus	36.06m	Caitlin Emerson	2015
	Hammer	41.99m	Lily Naylor	2016
	Pent	3321 pts	Ella Rush	2018
	4x100m	51.17	M. Tatham, S. Grant, H. Gordon, E Rush	2018
	4 x 300m	3.03.4	S Kelsey, M Tatham, I Gannon, S Grant	2018
U17 Men	100m	11.1 h/t 11.19	Jack Allen	2013
	200m	22.8	Alex Knibbs	2015
	400m	49.67	Andrew Szarkowski	2006
	800m	1.56.02	Jethro McGraw	2013
	1500m	4.02.54	Jethro McGraw	2013
	3K	9.34.9	Jack Elliott	2008
	1500m s/c	4.37.3	Jack Elliott	2008
	60m	7.29	Ryan Newton	2009
	60mH	8.55	Sam Stone	2006
	100mH	13.7	David Feeney	2004

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			Michael Feeney	2008
	400mH	54.85	Alex Knibbs	2015
	HJ	1.93m	Adam Berwick	2017
	PV	3.00m	Michael Feeney	2008
	LJ	6.61m	George Reynolds	2022
	TJ	12.95m	Ed Barbour	2014
	Shot	14.11	Tom Bridge	2011
	Hammer	44.82m	Brandon Wright	2015
	Discus	43.35m	Tom Bridge	2011
	Jav	48.87m	Marcus Kirby	2019
	Pentathlon	2947pts i	David Feeney	2004
	Octathlon	4591pts	David Feeney	2004
	Decathlon	5374pts	David Feeney	2004
	4 x 100m	45.61	M Fraser, W Collings, J Dickenson, A Berwick	2017
	4 x 400m	3.42.1	J Allen, E Barbour, J McGraw, J Nicholson	2013
U17 Women	100m	12.1 h/t /12.12	Emily Coope	2016 /2016
	60m	7.76	Emily Coope	2016
	200m	25.07	Emily Coope	2016
	300m	41.0 h/t 41.03	Jessica Turner Emily Coope	2011 2015
	400m	58.6	Tamsin McGraw	2016
	800m	2.12.46	Niamh Emerson	2014
	1500m	4.36.11	Tamara Armoush	2008
	3000m	10.03.22	Tamara Armoush	2007
	60mH	8.99i	Ella Rush	2019
	80mH	11.81	Imogen Laugharne	2022
	300mH	43.80	Jessica Turner	2011
	1500m s/c	5.25.69	Tamara Armoush	2008
	HJ	1.82m	Niamh Emerson	2015
	PV	3.10m	Gabby Wilson	2020
	LJ	5.97mi	Ella Rush	2020
	TJ	11.67m	Katie Rowe	2015
	Shot 4kg	9.44m	Abby Wood	2005
As from 2014	Shot 3kg	13.68m	Lily Naylor	2018
	Discus	41.28m	Caitlin Emerson	2017
	Hammer 4kg	38.38m	Abby Wood	2006
As from 2014	Hammer 3kg	46.61m	Cara Brown	2015
	Javelin 600g	24.08m	Chloe Smith	2007
As from 2014	Javelin 500g	44.34m	Daisy Kaye	2023
	Heptathlon	5024 pts	Ella Rush	2019
	Pentathlon (indoor)	3865pts i	Ella Rush	2020
	4 x 100m	50.10	K Rowe, A Smith, E Coope, T McGraw	2015
	4 x 300m	3.03.4	I Gannon, S Kelsey, C Yates, E Rush	2019
U18 Women	100mH (18)	14.17	Niamh Emerson	2016
	400mH	61.07	Niamh Emerson	2015
	Shot 4k	12.81m	Niamh Emerson	2016
	Javelin 500g	35.44m	Niamh Emerson	2016
	Hept (U18)	5919	Niamh Emerson	2016
U18 Men	400mH	53.02	Alex Knibbs	2016
U20 Men	60m	7.16	Joe Dickenson	2020
	60m H	8.25	Sam Stone	2008
	110mH	14.8	David Feeney	2006
	400mH	50.57	Alex Knibbs	2018
	100m	11.1	Jack Allen	2014
	200m	21.76	Alex Knibbs	2017
	400m	47.83i	Alex Knibbs	2018
	800m	1.53.48	Jethro McGraw	2016
	1500m	3:53.51	Christian Howett	2019
	3000m	9.08.3	Jethro McGraw	2015

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	2K s/c	6.36.07	Jack Elliott	2009
	HJ	2.07m	Adam Berwick	2019
	LJ	6.91m	David Feeney	2006
	TJ	13.85m	Edward Barbour	2017
	PV	3.90m	Ben Pitts	2023
	Shot 6k	12.11m	David Feeney	2006
	Discus	36.27m	David Feeney	2006
	Javelin	52.52m	Ben Pitts	2023
	Hammer	32.70	Rob Sims	2017
	Heptathlon	4601 pts i	David Feeney	2006
	Decathlon	6459 pts	David Feeney	2006
	4 x 100m	46.16	Arran Smith, M Feeney, N Rowton, S Rathbone	2009
	4 x 400m	3.38.59	J Berwick C Goodhall, J Futter, J Dickenson	2018
U20 Women	100m	11.93	Emily Coope	2017
	200m	24.40	Niamh Emerson	2018
	300m	39.3	Jessica Turner	2013
	400m	55.2	Jessica Turner	2013
	800m	2.08.60	Tamsin McGraw	2018
	1500m	4.35.04	Tamsin McGraw	2018
	3K	10.08.56	Tamara Armoush	2009
	10K	39.15	Tamara Armoush	2009
	1500m S/C	5.19.78	Tamara Armoush	2009
	60m	7.74	Emily Coope	2018
	60H	8.67	Ella Rush	2022
	100mH	13.76 / 13.71w	Niamh Emerson	2018
	400mH	58.44	Jessica Turner	2014
	Shot	12.88m	Ella Rush	2022
	Discus	40.84m	Caitlin Emerson	2019
	Hammer	39.19m	Cara Brown	2017
	Long Jump	6.41m	Niamh Emerson	2016
	High Jump	1.89m	Niamh Emerson	2016 / 18
	Triple Jump	12.29m	Michelle Yalakhue	2023
	Javelin	43.95m	Niamh Emerson	2018
	Heptathlon	6253 pts	Niamh Emerson	2018
	Pentathlon	4365pts i	Ella Rush	2022
	4 x 100m	49.85	N Emerson,C Wilson, M Bruce, E Coope (U17)	2016
	4 x 400m	4.27.93	C Gee, C Leam, E Deeming (U17), T McGraw (U17)	2016
Senior Men	60m	7.07i	David Feeney	2010
	60m H	7.94i	David Feeney	2017
	110mH	13.89	David Feeney	2015
	100m	10.9 h/t / 10.94 10.89w	David Feeney	2008 / 9 2015
	200m	22.27	David Feeney	2016
	400m	46.17	Alex Knibbs	2024
	400mH	48.89	Alex Knibbs	2024
	800m	1.52.04	Jethro McGraw	2018
	1500m	3.49.46	Jethro McGraw	2018
	3K	8.17.25	Jethro McGraw	2020
	HJ	2.01m	Ben Pitts	2024
	LJ	7.10	David Feeney	2009
	TJ	12.75	Ed Barbour	2019
	PV	4.20m	David Feeney	2012
	Shot	13.31	David Feeney	2008
	Discus	39.38	David Feeney	2010
	Javelin	48.70	Ben Pitts	2024
	Heptathlon	5242	David Feeney	2011
	Decathlon	7059	David Feeney	2009
	Marathon	2:43.07	Richard O'Sullivan	2008
	Mile	4:20.68	Christian Howett	2021
	10K	32.13	Jethro McGraw	2018
Senior Women	60m	7.86	Emily Coope	2022

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	60mH	8.54i	Niamh Emerson	2019
	100mH	13.85	Niamh Emerson	2019
	400mH	54.77	Jessica Turner	2021
	100m	12.15	Emily Coope	2019
	200m	24.15 / 23.41w	Jessica Turner	2017
	300m	43.9	Louise Feeney	2013
	400m	52.77	Jessica Turner	2019
	800m	2.08.43	Tamsin McGraw	2021
		2.08.31i	Tamsin McGraw	2020
	1500m	4.34.85	Tamsin McGraw	2021
	Road Mile	5.11.67	Steffi Luker-Edwards	2019
	3K	11.06.76	Tamsin McGraw	2017
	HJ	1.87i	Niamh Emerson	2019
	LJ	6.29i	Niamh Emerson	2019
	TJ	10.47	Charlie Yates	2023
	Shot	13.93i	Niamh Emerson	2019
	Discus	15.99	Louise Feeney	2012
	Javelin	47.55	Jessie Brown	2023
	Pentathlon	4731i	Niamh Emerson	2019
	Heptathlon	5606	Ella Rush	2024
	4 x 100m	51.5	L Feeney, J Wills, C Gee (U17), M Bruce (U17)	2013

Please Note

- The compiling of club records began in 2000 (the club's first full competitive season). U15 records were begun 2001, U17's male 2002, female 2003, male and female U20 2005, male and female Senior 2007.
- All results are known to be correct wherever possible. Any amendments or queries should be addressed to Julie King .
- Records will be considered by first claim members only.
- Times and distances must have been achieved in competition where the athlete is competing for or representing a club, school, County, Regional or National team.
- Times and distances must have been achieved in competition on approved surfaces (not grass tracks) with qualified timekeepers and judges in attendance. Schools competitions do not always provide accurate scores so are not usually considered.
- i = record achieved during an indoor competition
- U15B 400m ceased to be an event in Championships in 2012. 300m introduced 2012.
- New IAAF weights for female U15 and U17Javelin, U15 and U17 Shot, and U17 hammer introduced 2014.
- New weight for U13 boys shot introduced 2018
- 4 x 300m relay records reintroduced on entry to the YDL Lower league in 2018